

Workshop Gestalt relatietherapie met Bob en Rita Resnick

12 - 14 april 2019

(For non Dutch participants this attachment contains key information in English (bold lines); the workshop is 100% presented in English)

Information:

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1. Program (100% presented in English)

- i. Introduction to the workshop: "A Couple of Individuals, Couple Therapy Revisited: from a Fusion model to a Connection Model of Coupling"

Location: Conferentiecentrum Mennorode, Apeldoornseweg 183, Elspeet, The Netherlands.

Time: Friday evening, April 12th 19:30 – 22:30

Coffee/tea as from 19:00

Open to: participants to the workshop and all interested mental health and allied professionals. Can be booked separate from the workshop and entitles to 3 accreditation points for education in Gestalt.

The evening presentation includes a Gestalt film screening. Bob Resnick will present both developmental and therapeutic aspects of the Gestalt therapy approach with the support of two original filmed sessions with clients. All participants (both to the workshop and to the Friday evening) will receive an invitation at the end of March to watch a theory film on Gestalttherapy as an introduction to the philosophy of Gestalt. This film is grounded in the philosophical roots of the Gestalt philosophy, such as existentialism, phenomenology, field theory. The film presentation will be followed by an opportunity to raise questions and discuss the present day relevance of the Gestalt model, including comparisons to other therapy models.

- ii. Workshop “A Couple of Individuals, Couple Therapy Revisited: from a Fusion model to a Connection Model of Coupling”
Location: Conferentiecentrum Mennorode, Apeldoornseweg 183, Elspeet, The Netherlands
Time: Saturday April 13th 9:30 - Sunday, April 14 17:00
Entitles to 19 accreditation points for education in Gestalt.

Open to Gestalt therapists and all therapists and counsellors who either already work with couples or are interested in working with couples. Also open to psychotherapy and counselling students.

Program: The workshop will begin with a short synopsis of the theory that informs the Resnick’s work, followed by live demonstrations with volunteer couples. After personal reactions to each of the couples, the work will be related to the theory – hopefully enriching both. Couples are encouraged to participate in the discussion – transparent and inclusive. Other work forms may be considered. What actually happens on each moment depends on actual needs in the field. This includes, for instance, other work forms requiring a more active role of participants - such as volunteering to work as therapist either with a Model, (real) Couple and/or a role play couple, with Bob and Rita's live supervision. Again, according to the group's wishes, there may also be room for some individual Gestalt therapy as well - again relating the clinical work to the theory.

Bob and Rita encourage questions, comments and comparisons of their model to CBT, EFT, Gottman, Systemic, Contemporary Psychoanalytic, Imago and Postmodern approaches.

Background: Marriage and relationships today (straight and gay) are, to a large extent based on the assumption that two individuals fuse into one: “two become one”. More than 50% of all first marriages end in divorce, as do approximately 75% of second marriages. Add to this the remaining secretly “miserably married”– those living lives of quiet (or not so quiet) desperation based on fear of being alone, fear of damaging the children, financial insecurity, religious doctrine, social stigma, etc. — and we begin to see the magnitude of the problem.

If the Basic Human Dilemma for everyone from birth until death is: How to be connected to another, and maintain a self, then the western “fusion model of marriage” makes this almost impossible. As the Resnicks often say: “two become one, and then there are none”. In order to connect, there must be two.

Within this basic human dilemma, dealing with differences emerges as the fundamental dynamic that is at the root of almost all couples issues. All contact (and connection) can only happen through difference. Difference is connective tissue. The Resnicks, respectful and appreciative of difference both as a separator and a connector have evolved new ways to collaborate, engage, compromise, trade and even celebrate differences.

Doing couples therapy is more than embracing a single theoretical dimension (e.g. Attachment, Emotion, Communication, etc.), a methodology or an eclectic bag of tricks and techniques. Relationships and marriage are difficult, rhythmical and not for the faint of heart. Most importantly, ongoing primary relationships are worth the effort.

2. Inschrijving/**enrollment**

Je schrijft je in voor een onderdeel door betaling van het verschuldigde bedrag op rekening NL64INGB0009164398 ten name van P.A.J. ter Weijde, Narcisplantsoen 88, 2015AL, Haarlem. Vermeld duidelijk je naam, telefoonnummer en/of email adres en voor welk onderdeel je inschrijft: alleen introductieavond, workshop vanaf zaterdag 9:30 of hele workshop vanaf vrijdagavond tot zondag. Als je deelneemt aan de workshop heb je tevens toegang tot de introductie op vrijdagavond.

Enrollment through payment in my account: NL64INGB0009164398 on my name: P.A.J. ter Weijde, address: Narcisplantsoen 88, postal code: 2015AL, Haarlem, The Netherlands, stating exactly which part of the program you want to attend: Friday evening introduction only, workshop from Friday evening to Sunday or workshop from Saturday morning to Sunday.

3. overzicht van kosten/**overview of costs**

Tot 31 januari geldt een **vroegboekkorting** van €100 voor deelname aan de workshop: deze “early bird” prijzen zijn aangegeven in rood met een sterretje (2^{de} kolom)

Untill January 31 an **early bird reduction of €100 applies to the cost of participation: prices in red**

Kosten van deelname/ Costs of participation:		< January 31 “early bird” rate:
i. introduction only 12/4 19:30 -22:30:	€ 60	€ 40
ii. workshop 12/4 19:30 – 14/4 17:00	€ 395	€ 295

Kosten van verblijf op Mennorode (let op: anders dan voorheen dient iedere deelnemer zelf zorg te dragen voor de boeking en betaling van een kamer (op Mennorode of elders))

Costs of lodging at Mennorode: participants need to make a booking and arrange for payment of a room themselves (at Mennorode or elsewhere)

Prices at Mennorode:

Single room:

Arrival 12/4 19:30:	€215
Arrival 13/4 9:00:	€155

Double room: p.p.

Arrival 12/4	19:30:	€199
Arrival 13/4	9:00: :	€149

Toelichting/clarifications:

-Iedere deelnemer dient zelf verblijf (op Mennorode of elders) te boeken; er zijn 10 2-persoons en 3 1-persoonskamers op Mennorode gereserveerd tegen bovenstaand tarief, tot 31 Januari.

You need to organize your own lodging at Mennorode or elsewhere; 10 double rooms and 3 single rooms are reserved at Mennorode at the above rates until January 31th.

-Alleen deelnemers die bekend zijn met de werkwijze en de theorie van de Resnicks kunnen desgewenst zaterdag 9:30 starten en zo een overnachting uitsparen.

Start on Saturday only for participants familiar with the theory of the Resnicks

-deelnemers die niet op Mennorode verblijven dienen zich bij Mennorode aan te melden als extern deelnemer; zij betalen Mennorode een vergoeding van € 79 voor het gebruik van de faciliteiten en lunch, koffie/thee/water

-Prijzen zijn gebaseerd op vertrek op zondag 8 april 17.00 (**prices based on departure: Sunday 17:00**)

-Het volpension omvat logies, ontbijt, lunch, diner, onbeperkt koffie/thee/water.

Lodging includes: applicable room rate, breakfast, lunch, dinner, coffe, tea, water.

4. Bewijs van deelname en betalingsbewijs/certificate

Alle deelnemers ontvangen vooraf bevestiging van deelname en na afloop een bewijs van deelname/betaling.

All participants receive documentation stating their participation and study hours involved.

5. Annuleringsvoorwaarden (cancellation)

Als de workshop geen doorgang kan vinden worden de kosten van deelname 100% gerestitueerd; deelnemers zijn zelf verantwoordelijk voor de annulering van geboekte verblijfsarrangementen op Mennorode of elders.

In case of cancellation of the workshop you will be fully refunded for participation fees; participants are themselves responsible for cancelling any lodging arrangements made.

Cancellation by participants:

Your cancellation	January 31 2019:	full refund
Your cancellation	< March 15 2019:	50% refund

Later cancellation/No show

no refund; replacement in consultation

6. "model couple"

Er zijn voor het weekend enkele "model couples" nodig, d.w.z. stellen die onder begeleiding van Bob en Rita therapeutisch aan hun relatie willen werken. Model couples betalen voor deelname aan de workshop een 50% gereduceerd tarief. Je kunt je hiervoor aanmelden als je een vaste partner hebt. Er zijn geen opleidingsvereisten voor model couples. Na overleg met de Resnicks krijg je bericht of je kunt deelnemen als model couple.

Model couples are real live couples willing to work on their relationship. They pay a 50% reduced participation fee.

Kosten deelname model couple: €395 early birds: €295* (couple rate)

7. Theorie opfrissen

Indien je kennis van de theorie wil opdoen/opfrissen kun je een video beluisteren van een interview met de Resnicks, te vinden onder deze link:

refresh your theory: <https://www.youtube.com/watch?v=4Q1ypaUIPQw&t=3s>

8. Info over de Resnicks

Visit the website: www.gatla.org

9. Info on Mennorode and how to get there:

Visit the website: [website Mennorode](#)

10. Nog vragen/any questions left? Contact me: telefoon + (0) 23-5319150 of + (0) 6 13523849 ; mail paulterweijde@planet.nl

=====Januaryi 2019